

Canadian College of Shiatsu Therapy Inc 142 Lonsdale Ave. North Vancouver, BC V7M 2E8
TEL (604) 904 -4187 FAX: (604) 904 - 4183 E-mail: info@shiatsuvancouver.ca web: www.shiatsuvancouver.ca

## INTERNATIONAL STUDENT DOCUMENT CHECKLIST

Applicable for all students: □ Passport □Copy of your travel insurance including description of coverage ☐ Letter of Acceptance from CCST □ Airport Transfer Confirmation (from Airport directly to Quarantine location) ☐ International Student Quarantine Plan ☐ Hotel Booking Confirmation document Download ArriveCan mobile app Create an account and answers all questions related to your trip details ☐ Bring a Valid International Credit Card for all expenses ☐ International Calls SIM Card (if possible) ☐ Quarantine Packing Essentials: Thermometer 3-week supply of surgical masks (1/day) • Cleaning supplies and hand sanitizer Please confirm that you understand and agree with the following: □I am aware of the requirement to comply with the Government of Canada's Quarantine Act, including the penalties of violation of the Quarantine Act, which include up to 6 months in prison and/or \$750,000 in fines. □ I agreed to comply with the requirements laid out in this International Student SafeTravel Guide, Arrival and Quarantine Protocol and Checklist. ☐ I have completed and printed the Self-Isolation Plan for presentation at my port of entry and have registered via the ArriveCan App. □ I confirm that I have appropriate medical insurance, effective as of the date of my arrival in Canada, which includes coverage for COVID-19 during the guarantine period.

Signature: Date: